

## Cause is close to lawyer's heart

*Jon W. Sparks  
Special to The Commercial Appeal  
Friday, October 17, 2008*

Nahon, Saharovich & Trotz PLC is one of the region's top law firms devoted to pursuing remedies in personal injury cases. Although that is its exclusive legal mission -- it is the largest personal injury firm in Tennessee -- there is more on the agenda.

Alex Saharovich, a managing partner of the firm, says a priority is to give back to the community. The firm's involvement includes participation in Facing History and Ourselves, the Exchange Club and the Junior League.

But what is close to Saharovich's heart, and a cause that has gotten the support of his firm, is the Buddy Walk of Memphis and the Mid-South. The 11th annual event, coming up Sunday, is a function of the Down Syndrome Association of Memphis & the Mid-South.

The Buddy Walk recognizes the abilities and achievements of people with Down syndrome, one of whom is 14-year-old Adam Saharovich, Alex's son. The family has done the Buddy Walk since the beginning and Adam is an enthusiastic participant.

"Every year we participate and encourage our friends and family as well," said Alex. "This year I wanted more, to have the firm participate as a major sponsor. We're not just working and making a living but giving back, and that makes us better lawyers."

Adam is again looking forward to performing with Company D, a music and dance group of young people with Down syndrome who have made numerous presentations over the years. The group rehearses weekly and has a summer camp annually.

Saharovich is proud of his son's involvement and the accomplishments of the troupe. "It realizes their potential and builds self-confidence," he says. "And it gives them an opportunity to work and make a difference in society."

Making sure people with Down syndrome are participants in society is a fundamental goal of the Down Syndrome Association of Memphis & the Mid-South and the families.

Adam recently had his bar mitzvah, a point of particular joy in his family. And like any kid, he's thinking about what he wants to do in the future. He's wanted to explore science, but his most recent wish is to work with his father in the office.

It figures, since the firm is a welcoming place for Adam. "The partners were very receptive to sponsoring Buddy Walk," Saharovich says. "Obviously they know Adam, and we represent people with disabilities all the time."

And Adam loves to be around his father and vice versa. In fact, when the young Saharovich started listing things he liked to do, he said without hesitation, "Sing, play games and wrestle with Dad!"

His father just nodded and grinned.



Alex Saharovich, with his son, Adam, will sponsor Down Syndrome Association of Memphis & the Mid-South's annual Buddy Walk.

---

### 11th Annual Buddy Walk of Memphis & the Mid-South

The one-mile walk is one of hundreds nationwide that celebrate the abilities and accomplishments of people with Down syndrome.

**When:** Noon to 4 p.m. Sunday

**Where:** Memphis Botanic Garden

**Registration:** \$10 per person and includes a T-shirt, food, prizes, games.

**Contact:** 547-7588 or [buddywalk.kintera.org/dsam](http://buddywalk.kintera.org/dsam)